## Genetic manipulation in sports "Gene doping"

**Peter Schjerling** 

**Copenhagen Muscle Research Centre** 



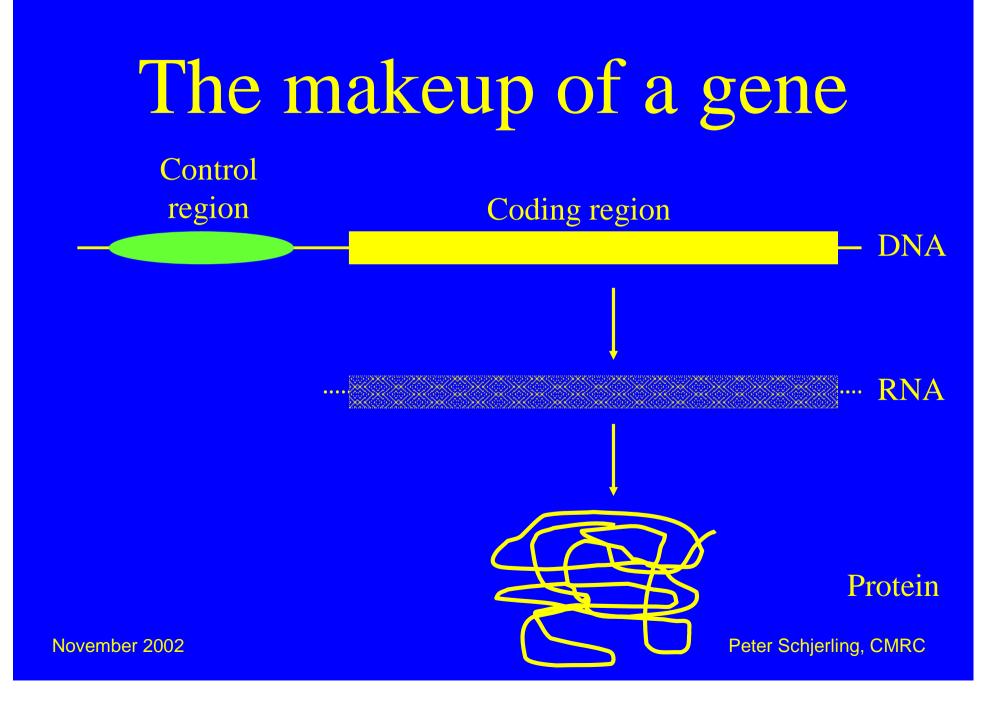
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### Gene doping

- Doping based on gene manipulation
- Exploitation of results in gene therapy
- A future threat in athletics?

### Gene therapy

- Insertion of artificial genes in patients
- Purpose
  - To kill or weaken cancer cells
  - To enable the body itself to produce drugs that are today administered
  - To replace defect genes with healthy copies
- Problem today: lack of control over the expression of the artificial gene



How is the artificial gene introduced?

- Direct injection of DNA into the muscles
- Insertion of genetically modified cells
- Introduction utilizing a virus

## Direct injection of DNA into a muscle

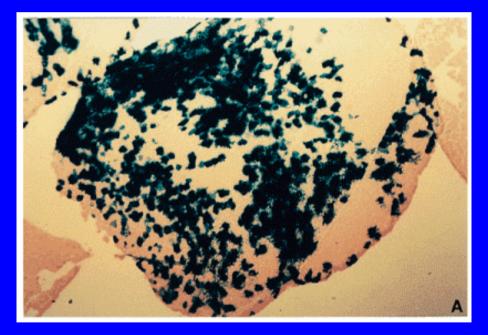
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## Direct injection of DNA into a muscle

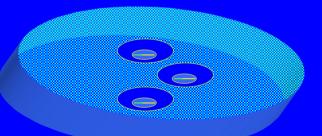
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## Direct injection of DNA into a muscle

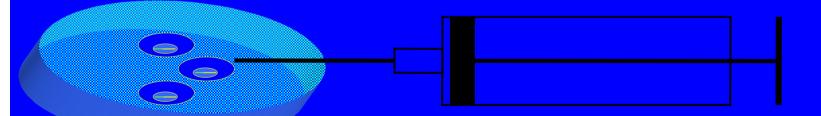
Mouse quadriceps muscle after a single injection with a plasmid carrying a gene giving rise to blue color (lacZ)



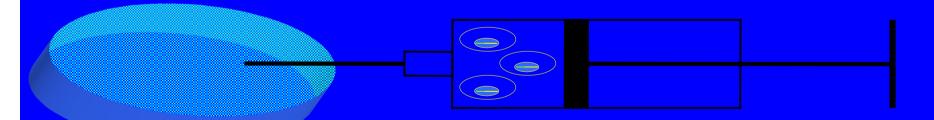
Danko et al. Human Molecular Genetics (1997) 6:1435-1443



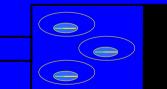
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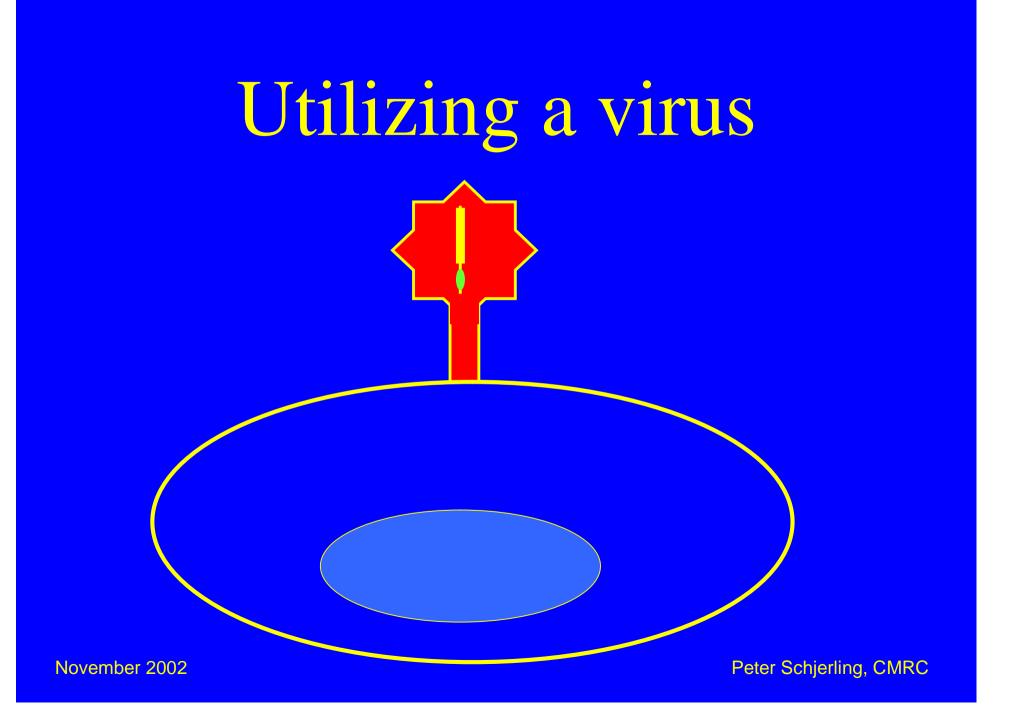
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# The "prospects" in gene doping

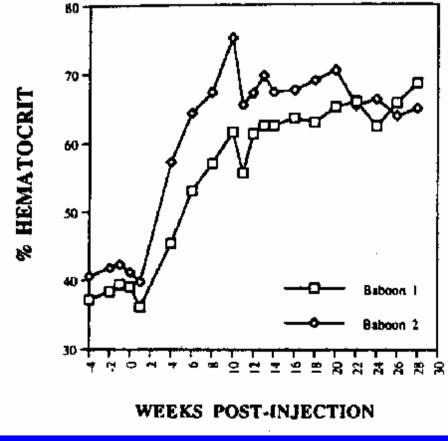
- Alternative to drugs that otherwise is administered and which the body can itself produce
- Changing the natural regulation of the genes
- Improvement of proteins within the body

Examples of the potential in gene doping

- Increase hematocrit by EPO
- Increase muscle strength by IGF-1
- Increase muscle size by removal of myostatin
- Increase blood flow by VEGF

### Gene therapy with EPO

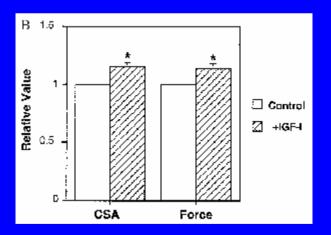
Monkeys injected with a virus carrying the gene for EPO

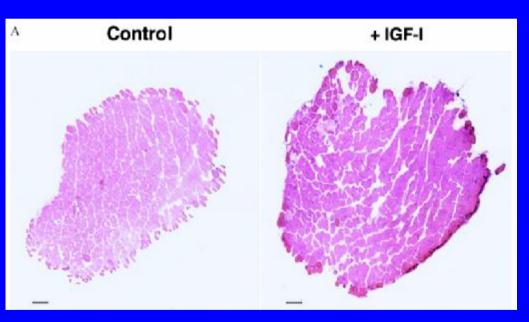


Zhou et al. Gene Therapy (1998) 5:665-670

### Gene therapy with IGF-I

### Mice injected with a virus carrying a gene for IGF-I



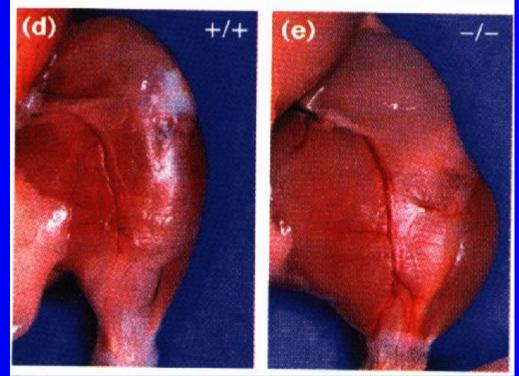


Barton-Davis et al. Proc.Natl.Acad.Sci. (1998) 95:15603-15607

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## Removal of a control gene for muscle growth

Front leg of a normal mouse



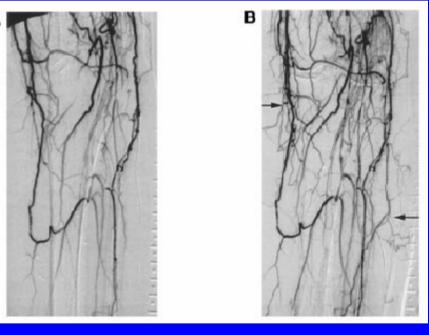
Front leg of a mouse lacking the myostatin gene

Lee et al. Curr. Opin. Gen. Dev. (1999) 9:604-607

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### Human gene therapy with VEGF

Blood vessels in a patient injected with a virus carrying a gene for VEGF



### Before

#### After

Baumgartner et al. Circulation (1998) 97:1114-1123

# Can gene doping be detected?

- The protein produced is identical to the endogenous protein
- The artificial DNA is only present locally when using injection with pure DNA or genetically modified cells
- The sequence of artificial DNA has to be known to enable detection

### When?

• In principle already now gene doping can be performed, however, with an extreme risk for the athlete.

• More likely when gene therapy becomes a normal procedure, a guess is 10-20 years.

### Possible countermeasures

- Make gene doping illegal.
- Establish a close contact to the gene therapy society.
- Prepare DNA detection assays for known gene therapy artificial constructs.
- Develop indirect methods to detect gene doping, if possible.